Undergraduates’ grade-point averages are dependent on their number of friends

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INTRODUCTION
- Erikson’s 6th stage of development: young adults seek for friends, or else they feel rejected (intimacy versus isolation).
- Stress from inadequate social support tend to adversely affect undergraduates’ retention and performance

METHODS
Investigated the relationship between the number of friends and GPAs, along with social support, time constraint, & friendship decay

RESULTS
- Number of friends increases
  - Social support increases
  - Satisfactions with college and life overall increase
  - GPA increases

- Number of friends keeps increasing
  - Time spent per each friend decreases
  - Social support decreases
  - Time for studying decreases
  - Friendsships decay
  - GPA decreases

![Graph showing the relationship between number of friends and depressive symptoms.](image)

**Figure 1** Depressive symptoms decrease as the number of friends increases until reaching 12 friends, then the depressive symptoms increase afterward. When having 24 or more friends, the frequency of depressive symptoms is equal to having 0 friends. *Source: Falci and McNeely (2009).*

REFERENCES

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